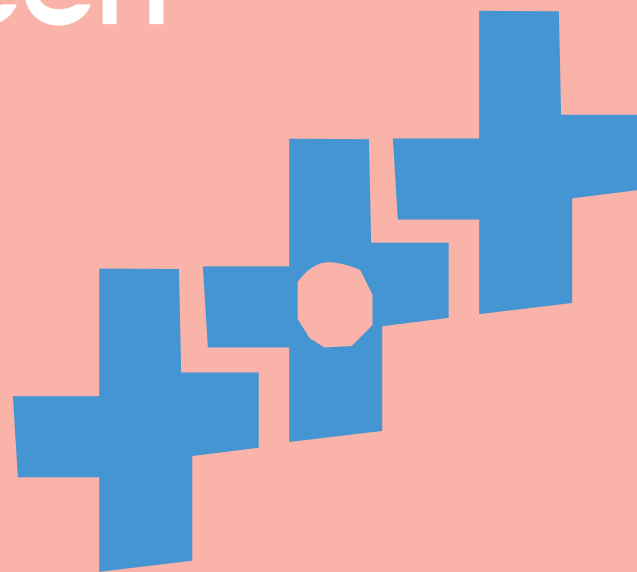


Community Teen Mental Health First Aid



**Identify.
Understand.
Respond.**

What?

International evidence-based training course for teens

Why?

Provides teens with a deeper understanding and action plan to respond to:

- Common signs and symptoms of mental health challenges and substance abuse
- Children in crisis and trauma
- Connect a person to help

How?

Josselyn provides on-site or virtual training for any school staff and/or students

Benefits

Get your certification in Mental Health First Aid

Use this certification to boost your resume

This training may even count towards leadership hours for your high school

You can attend in your PJs

FREE Training
Saturday, February 7
8 am - 1:30 pm

College of Lake County
Lakeshore Campus
34 N. Sheridan Road
Room S116
Waukegan, IL

**Scan the
QR code
to register**



Free bagel breakfast

**Bring your own lunch
or visit one of the many
restaurants nearby**

Questions? Contact
jmersino@josselyn.org



**MENTAL
HEALTH
FIRST AID™**
www.MentalHealthFirstAid.org



Funding provided by
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a division of Americorps



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Mental health for all.