

Community Youth Mental Health First Aid



**Identify.
Understand.
Respond.**

What?

Internationally recognized, evidence-based training course for adults who work with teens.

Why?

Provides adults who work with teens a deeper understanding and action plan to respond to:

- Common signs and symptoms of mental health challenges and substance abuse
- Children in crisis and trauma
- Connect a person to help

How?

Josselyn provides on-site or virtual training for any school staff and/or students

Partner with Josselyn

- Receive MHFA action plan
- Create administration buy-in
- Identify student leaders

FREE Training

- 2 hours of prework*
- 4.5 hours of in-person training
- Prework sent 2 days after registering

FREE Training

**Friday, April 17
9 am – 2:30 pm**

**1135 Skokie Blvd.
Northbrook, IL**

**Questions? Contact
mhfa@josselyn.org**

**To Register:
Scan the QR code**



**MENTAL
HEALTH
FIRST AID™**
www.MentalHealthFirstAid.org



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Mental health for all.